

FIȘA DISCIPLINEI

1. Date despre program

1.1 Instituția de învățământ superior	Universitatea Tehnică din Cluj-Napoca
1.2 Facultatea	Automation and Computer Science
1.3 Departamentul	Automation and Applied Informatics
1.4 Domeniul de studii	Automation and Applied Informatics
1.5 Ciclul de studii	Bachelor of Science
1.6 Programul de studii / Calificarea	Systems Engineering/ Engineer
1.7 Forma de învățământ	IF – învățământ cu frecvență
1.8 Codul disciplinei	52.20

2. Date despre disciplină

2.1 Denumirea disciplinei	Personal and professional development				
2.2 Titularul de curs	<i>Dipl. Psy. Dorin Stanciu PhD, Assoc. Prof. (ionut.stanciu@dppd.utcluj.ro)</i>				
2.3 Titularul activităților de seminar / laborator / proiect	-				
2.4 Anul de studiu	IV	2.5 Semestrul	7	2.6 Tipul de evaluare	C
2.7 Regimul disciplinei	Categoria formativă				DC
	Opționalitate				DOP

3. Timpul total estimate

3.1 Număr de ore pe săptămână	2	din care:	3.2 Curs	2	3.3 Seminar	-	3.3 Laborator	-	3.3 Proiect	-
3.4 Număr de ore pe semestru	50	din care:	3.5 Curs	28	3.6 Seminar	-	3.6 Laborator	-	3.6 Proiect	-
3.7 Distribuția fondului de timp (ore pe semestru) pentru:										
(a) Studiul după manual, suport de curs, bibliografie și notițe										8
(b) Documentare suplimentară în bibliotecă, pe platforme electronice de specialitate și pe teren										8
(c) Pregătire seminarii / laboratoare, teme, referate, portofolii și eseuri										4
(d) Tutoriat										-
(e) Examinări										2
(f) Alte activități:										-
3.8 Total ore studiu individual (suma (3.7(a))...3.7(f))					22					
3.9 Total ore pe semestru (3.4+3.8)					50					
3.10 Numărul de credite					2					

4. Precondiții (acolo unde este cazul)

4.1 de curriculum	-
4.2 de competențe	Baccalaureate level of instruction and general knowledge Beginner literacy with desktop applications, including Internet utilization

5. Condiții (acolo unde este cazul)

5.1. de desfășurare a cursului	Pentru predare online: platforma MS TEAMS; acces la internet; acces la tehnica de comunicare audio-video compatibila.
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	Pentru predare onsite: Sală de curs, videoproiector & ecran de proiectare, difuzoare, tablă / instalație de sonorizare, tablă (clasică sau interactivă), flip chart.
5.2. de desfășurare a seminarului / laboratorului / proiectului	-

6. Competențele specifice acumulate

Competențe profesionale	<p>C5 - Design, lifecycle management, integration and integrity of hardware, software and communication systems (2 credits)</p> <p>C5.1 - Specifying the relevant criteria regarding the lifetime cycle, quality, security and computing system's interaction with the environment and human operator</p> <p>C5.2 - Using interdisciplinary knowledge for adapting an information system to application domain requirements</p> <p>C5.3 - Using fundamental principles and methods for security, reliability and usability assurance of computing systems</p> <p>C5.4 - Adequate utilization of quality, safety and security standards in information processing</p> <p>C5.5 - Realization of a project including problem identification and analysis, design and development, while proving the understanding of the basic quality needs and requirements</p>
Competențe transversale	TC1 - Honorable, responsible, ethical behavior, in the spirit of the law, to ensure the professional reputation (1 credit)

7. Obiectivele disciplinei (reieșind din grila competențelor specifice acumulate)

7.1 Obiectivul general al disciplinei	To provide the course graduate with a set of competencies, skills and level of knowledge about him/herself which allows the formation of a competitive advantage and to provide to course graduate with a better understanding of his/her current academic status and curriculum
7.2 Obiectivele specifice	<p>To facilitate domain-specific learning and knowledge acquisition by providing a larger perspective on personal and professional development;</p> <p>To enhance personal determination and academic engagement as a basis for future competitiveness;</p> <p>To allow the course graduate to acquire specific tools and skills needed for personal and professional assessment, engagement, planning, organizing, expression, and networking.</p>

8. Conținuturi

8.1 Curs	Nr. ore	Metode de predare	Observații
Qualities and virtues. The desired personality profile	2	Interactive lectures: - Exposition - Discourse - Debating - Case studies - Problem-solving - Heuristic conversations	
Self-constructs. Self-identity, self-confidence, self-esteem,	2		
Self-constructs. locus of control, self-efficacy, independence vs interdependence	2		
Personality (classical approach). The triadic model	2		
Personality (modern approaches). The Big 5, MBI, OCEAN	2		
Emotional Intelligence.	2		
Rationality and mental balance. ABC	2		

Rationality and mental balance. GABS and the REBT model	2	Role playing	
Rationality and critical thinking. Biases and logical fallacies	2		
Rationality and critical thinking. Critical Thinking	2		
Strategic planning. Instruments (SWOT, PEST, Fishbone)	2		
Communication. Assertiveness (vs. passivity and aggressivity)	2		
Networking and personal branding. CV building. Professional profiles	2		
Networking and personal branding. Professional and learning communities	2		

Bibliography

Study materials: Course synthesis, Lecture presentations, additional multimedia presentations)

Aggarwal, R. S. (2000). *A Modern Approach to Verbal & Non Verbal Reasoning*: S.Chand.

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Aspinwall, L. G., & Staudinger, U. M. (2003). *A Psychology of Human Strengths: Fundamental Questions and Future Directions for a Positive Psychology*: American Psychological Association.

Bercovitch, J., Kremenyuk, V., & Zartman, I. W. (2008). *The SAGE Handbook of Conflict Resolution*: SAGE Publications.

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Caputi, P., Viney, L. L., Walker, B. M., & Crittenden, N. (2011). *Personal Construct Methodology*: Wiley.

Cava, R. (2004). *Dealing With Difficult People: How to Deal With Nasty Customers, Demanding Bosses and Annoying Co-Workers*: Firefly Books, Limited.

Chamorro-Premuzic, T., & Furnham, A. (2005). *Personality and Intellectual Competence*: Taylor & Francis.

Clark, K. S., Murphy, M. M., & Banas, S. L. (2009). *Handling Peer Pressure*: Facts On File, Incorporated.

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Fells, R. (2012). *Effective Negotiation: From Research to Results*: Cambridge University Press.

Freeley, A. J. (2012). *Argumentation and Debate, 13rd ed*: Wadsworth/Cengage Learning.

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Gilbert, D. (2006). *Stumbling on Happiness*: Knopf Doubleday Publishing Group.

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Lau, J. Y. F. (2011). *An introduction to critical thinking and creativity: Think more, think better*. Hoboken, N.J.: Wiley.

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Lopez, S. J. (2008). *Positive Psychology: Discovering human strengths*: Praeger.

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Stanciu, I. D. (2013). *Raționalitate și control în autoreglarea învățării la studenți. Modelare conceptuală și intervenții experimentale de validare*. Cluj-Napoca: Presa Universitară Clujeană.

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van den Brink-Budgen, R. (2000). *Critical Thinking for Students: Learn the Skills of Critical Assessment and Effective Argument*: How To Books.

Zhang, L., Sternberg, R. J., & Rayner, S. (2012). *Handbook of Intellectual Styles: Preferences in Cognition, Learning, and Thinking*: Springer Publishing Company.

8.2 Seminar / laborator / proiect	Nr. ore	Metode de predare	Observații
N/A			
Bibliografie			


9. Coroborarea conținuturilor disciplinei cu așteptările reprezentanților comunității epistemice, asociațiilor profesionale și angajatorilor reprezentativi din domeniul aferent programului

By completing this course, the course graduate is expected to have acquired a series of specific and general declarative and procedural knowledge, as well as have built a series of competencies, which, in their togetherness contribute to an increased capacity to find employment, communicate professionally and informally, collaborate and work closely with other professionals and non-professional, and an increased ability to promote and capitalize upon personal and professional traits and activities.

10. Evaluare

Tip activitate	10.1 Criterii de evaluare	10.2 Metode de evaluare	10.3 Pondere din nota finală
10.4 Curs	Standardized written test with multiple choice questions. Collaborative and individual semester projects. Collaborative and individual homework.	Written tests (quizzes) Individual portfolio (all assessments take place online)	40% 60%

	Assessment criteria include accuracy/precision, completeness, fluency, and relevance		
10.5 Seminar/Laborator /Proiect	-	-	-
10.6 Standard minim de performanță The total weighed score exceeds the equivalent of 5/10 of the final grade. Each assessment exceeds 50% of the allotted grading.			

Data completării:	Titulari	Titlu Prenume NUME	Semnătura
27.09.2022	Curs	Dipl. Psy. Dorin Stanciu PhD, Assoc. Prof.	
	Aplicații	-	

Data avizării în Consiliul Departamentului	Director Departament
	Prof.dr.ing. Honoriu VALEAN
_____	_____
Data aprobării în Consiliul Facultății	Decan
	Prof.dr.ing. Mircea MICLEA
_____	_____